

## ***2011 CRYC Junior Sailing Camps & Schedule***

### ***Our Sailing Sessions***

#### **Peewee Sailing**

These sessions are intended for children 6 to 8 years old. Sailors will have fun while they learn water safety and basics of seamanship in *half-day* sessions over this *4-day* program designed to raise their comfort level in and on the water. CRYC's instructor staff will implement a curriculum designed by Gunston Day School's Waterfront Director and Head Sailing Coach, Amy Gross-Kehoe, using CRYC's 8 foot Optimist dinghys. The shallow water off Ship Point's beach is an excellent place for kids to learn basic boating skills and also allows for enjoyable swimming or playing on the beach.

*Gunston Summer Program (full-day option)* - Sailors have the option to be transported to and from Gunston by certified instructors to join the Gunston All-Sports Camp on the remaining half of the day to provide a unique and well rounded full day camp experience.

#### **Beginner & Intermediate Sailing**

These *two* and *three* week sessions offer sailors from 9 to 16 years old the opportunity to learn basic and intermediate sailing skills. Sailors 9-11 will learn in our 8 foot Optimist dinghy while older sailors 12-16 will learn in our 14 foot double-handed 420 dinghy. The instructors really get to know the children and adapt to their learning needs. The first day begins with a review of safety procedures and an on-the-water swim test. As the program continues, children learn how to successfully rig a boat, capsizes safely and recover, learn to sail different points of sail, knot tying skills, and how to safely dock their boats.

*Local Regatta Participation* – The CRYC Junior Sailing Program will participate in the RHYC and CRYC Junior Regattas this year. This is an opportunity for our sailors to experience competition and having FUN with other sailors their same age.

#### **420 Racing Clinic**

This special 4-day clinic is intended for **experienced** sailors 12-16 years old to practice and build upon their racing skills and boat handling. Sailors will practice in our 14 foot double-handed 420's under the supervision and coaching of our staff to improve their starts, mark roundings, spinnaker handling, tactics on the race course, and their knowledge of racing rules. This is a great clinic to help prepare upcoming racers for junior regattas later in July. This clinic is NOT for beginners and is meant for serious sailing enthusiasts with some prior regatta experience.

## *Our 2011 Schedule*

<b>PeeWee Sailing Sessions</b>				
\$175 CRYC Members, \$200 Non-Members				
<b>Course</b>	<b>Ages</b>	<b>Dates</b>	<b>Duration</b>	<b>Times</b>
PeeWee 1 AM	6-8	Jul 5-8	4 days	9am-12pm
PeeWee 1 PM	6-8	Jul 5-8	4 days	1pm-4pm
PeeWee 2 AM	6-8	Aug 15-18	4 days	9am-12pm
PeeWee 2 PM	6-8	Aug 15-18	4 days	1pm-4pm

\* Above sailing sessions are limited to 10 PeeWee's maximum for each AM & PM session. These sessions may be coordinated with Gunston for participation in their half-day sports camp.

<b>Racing Clinic</b>				
\$300 CRYC Members, \$350 Non-Members				
<b>Course</b>	<b>Ages</b>	<b>Dates</b>	<b>Duration</b>	<b>Times</b>
420 Racing Session	12-16	Jul 5-8	4 days	9am-4pm

\* Some racing experience required. This clinic is NOT for beginners.

<b>Beginner &amp; Intermediate Sailing Sessions</b>				
\$450 CRYC Members, \$500 Non-Members (2-week sessions)				
\$675 CRYC Members, \$750 Non-Members (3-week sessions)				
<b>Course</b>	<b>Ages</b>	<b>Dates</b>	<b>Duration</b>	<b>Times</b>
Optimist Session A	9-11	Jun 20 – Jul 1	10 days	9am-4pm
420 Session A	12-16	Jun 20 – Jul 1	10 days	9am-4pm
Optimist Session B	9-11	Jul 11 – Jul 29	15 days	9am-4pm
420 Session B	12-16	Jul 11 – Jul 29	15 days	9am-4pm
Optimist Session C	9-11	Aug 1 –Aug 12	15 days	9am-4pm
420 Session C	12-16	Aug 1 –Aug 12	15 days	9am-4pm

\* Early bird discount may apply to these sessions.

### **Registration Confirmation and Early Bird Discounts**

The early bird discount will be \$50 for multi-week sessions only. This discount will be applied if both your registration package with \$100 deposit is postmarked by April 1, 2011 and your final payment is postmarked by June 1, 2011.

### **Balance Due**

The balance for all sessions is due by June 1, 2011. Reservations accepted after this date will need to be paid in full upon registration.